



# Kindergarten Required Health Forms

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## Required Forms

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If your student has diabetes, asthma, food allergies, or the need for an Epi-Pen or inhaler while at school, additional forms will need completed.

**All forms should be returned to the school office no later than the first day of school**

## Important Information for Kindergarten Entrance

This packet includes several important health forms **that need to be completed and return to the school office before your Kindergartener begins their first day of school.** Please send to the office (Attn: school nurse) once complete.

### **Required Immunizations:**

IC 20-34-4-2 requires that all students entering Kindergarten be fully immunized following the ACIP (Advisory Committee on Immunization Practices) and Indiana Department of Health guidelines. These mandatory vaccinations include DTaP (5), IPV (4), Hepatitis B (3), MMR (2), Varicella (2) and Hepatitis A (2). These minimum doses must be met and they must have been given at the proper minimum age and have the proper intervals between each one to be acceptable for the state school requirements. A photocopied record of your child's immunizations from your child's physician must be provided to the school **BEFORE THE FIRST DAY OF SCHOOL** as proof of the vaccines having been given. Students who will not be receiving immunizations for religious reasons (IC 20-34-3-2), or those who have a medical contraindication (IC 20-34-3-3) to vaccine administration, must have the appropriate exemption forms filed annually with the school office (contact the school office to obtain the correct form). Remember to provide the school with documentation of all shots received from infancy through the current date.

### **Required vision screening for all kindergarteners:**

IC 20-34-3-12 **requires all kindergarten or first graders to have an MCT vision exam done by either an optometrist or ophthalmologist.** We choose kindergarten to be done. Your pediatrician CANNOT perform this exam. To take advantage of a **FREE vision screening** for your child, please check the back side of the "Kindergarten Vision Examination" form for a list of local optometrists who have agreed to provide this service at no cost for your child. If you prefer to use your own optometrist or ophthalmologist, please take this form to them to fill out after your child's exam. It is so important that your child be screened for any vision problems at an early age to detect and correct any abnormalities that may exist.

**\*\*This required exam needs to be done before the first day of school\*\***

### **Required Dental Form:**

Good dental health is important. You will find a dental exam form in this packet that should be completed by your child's dentist as proof of them receiving routine dental care. This is a one-time form for Kindergarten students.

### **Physicals/Health Questionnaire:**

All students new to our school are required to have a recent physical signed by their physician along with the "Health Questionnaire" form **submitted to the school office no later than the first day of school.**

## **CHIRP:**

As required by IC 20-34-4-6, each school must report immunizations to the State Department of Health. This report is currently done online through CHIRP (Children and Hoosier Immunization Registry Program). We will need a consent signed for each child in order to report this information to the state. Once signed, this consent applies to all years your student(s) attend Saint Elizabeth Ann Seton Catholic School. This form needs to be submitted to the school office no later than the first day of school.

## **General Health Information**

### **About washing hands:**

Now is the time to teach your child the importance of good hand washing. Keeping hands clean is one of the best ways to prevent the spread of infection and illness. Help your child stay healthy by encouraging good hand washing habits.

### **Regular sleep is very important:**

Regular sleep habits are very important to the health and well-being of your child. A young child needs, on average, 10-12 hours of sleep a night. To help establish a regular bedtime, it is recommended to turn off TV and electronics at least 30 minutes prior to bed. This is a great time to be reading to your children.

### **When your child is ill:**

Children with fever, diarrhea, vomiting or other symptoms of illness should stay at home, and, if indicated, be evaluated by the doctor for diagnosis and appropriate treatment. Any temperature of **99.9 degrees** or above means that your child has a fever and **must stay home for at least 24 hours** (free of fever without the use of acetaminophen or ibuprofen). This means that if your child was sent home from school the day before with a fever, they need to wait **at least 24 hours** before they will be admitted back to school.

### **Medications:**

We will only administer FDA approved over-the-counter (OTC) and prescription medications prescribed to your child. These medications should be brought to school by an adult in their original package and accompanied by a medication consent form that can be obtained from the school office. Medication brought into school will only be available during school hours. Our school policies are in accordance with IC 20-34-3-18. All medication will be kept in a locked cabinet with the nurse, or trained staff member dispensing according to the package instructions. Students are not to have medication with them at any time. The only exception to this is if your child needs emergency medication (ex. insulin, an inhaler or an epinephrine injection) and the proper paperwork is filled out and on file with the school. Please see the school office should you need such forms. **A reminder that all cough drops are considered OTC medication and need to be kept in the school office for your child's use.** Please read our full medication policy on the "Medication Consent" form.



# CHIRP Consent Form

(Required form for all students' health files – Please return ASAP)

The Indiana State Department of Health maintains an electronic immunization registry entitled Children and Hoosiers Immunization Registry Program (CHIRP). CHIRP allows all health care providers within the state of Indiana to enter and view immunization data with this method of electronic documentation. CHIRP ensures that the most up-to-date record of immunizations is available to all health care providers. The Indiana Department of Education mandates that all schools within the state of Indiana utilize CHIRP to document annual immunization reports. We are required to submit these immunization reports to maintain our accreditation. Parents/guardians within our school are being notified of this law and your permission is required to submit the immunization status of your child in this format. The Indiana Department of Education's attorney Dana Long, collaborating with the Indiana State Department of Health, has helped prepare the wording of the below consent.

I, as a parent/legal guardian to the below stated child(ren):

- Give consent to Saint Elizabeth Ann Seton Catholic School to release such information
- I DO NOT give consent to Saint Elizabeth Ann Seton Catholic School to release of such information

to the Indiana State Department of Health's Children and Hoosiers Immunization Registry Program (CHIRP):

STUDENTS NAME, IMMUNIZATION DATA, AND OTHER INFORMATION SUCH AS DATE OF BIRTH OR OTHER IDENTIFYING INFORMATION AS APPLICABLE.

(FOR FILING PURPOSES, PLEASE LIST ALL STUDENTS REGARDLESS OF CONSENT STATUS)

_____	Grade: _____	Birthdate: ____/____/____
_____	Grade: _____	Birthdate: ____/____/____
_____	Grade: _____	Birthdate: ____/____/____
_____	Grade: _____	Birthdate: ____/____/____
_____	Grade: _____	Birthdate: ____/____/____

I understand that the information in the registry may be used to verify that my child has received proper immunization and to inform me or my child of my child's immunization status or that an immunization is due according to recommended immunization schedules.

I understand that my child's information may be available to the immunization date registry of another state, a healthcare provider or a providers designees, a local health department, an elementary or secondary school, a child care center, the office of Medicaid policy and planning or a contractor of the office of Medicaid policy and planning, a licensed child placing agency, and a college or university. I also understand that other entities may be added to this list through amendment to I.C. 16-38-5-3.

\_\_\_\_\_  
Signature Date

\_\_\_\_\_  
Printed Name of Parent or Guardian Telephone #

\_\_\_\_\_  
Address

Once signed, this form will apply to all years your student is attending Saint Elizabeth Ann Seton Catholic School



# Health Questionnaire

(Parent/Guardian to complete)

*This is not an annual form. For any updates or changes to your student's information, please contact the school*

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Student lives with: \_\_\_\_\_

Father's Name: \_\_\_\_\_ Mother's Name: \_\_\_\_\_

## Health History

### Disease/Condition (please circle)

Seasonal allergies	Yes	No
*Food allergy	Yes	No
*Asthma	Yes	No
ADD/ADHD	Yes	No
Chicken Pox	Yes	No
*Diabetes	Yes	No
Diphtheria	Yes	No
Ears/Infections	Yes	No
Epilepsy	Yes	No
*Seizures	Yes	No
Handicaps/Impairments	Yes	No

(Hearing/Physical/Vision)

### Disease/Condition (please circle)

Measles/Mumps/Rubella	Yes	No
Pneumonia	Yes	No
Heart Murmur	Yes	No
Emotional disorder	Yes	No
Bowel or bladder issues	Yes	No
Mononucleosis	Yes	No
Hepatitis	Yes	No
Tuberculosis	Yes	No
Whooping Cough	Yes	No
Other	Yes	No

*\* Additional forms required- see school nurse*

For any 'yes' selected above, please give explanations and dates of diagnoses.

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Has your child had an infectious/communicable disease other than those listed above? Yes No

If yes, please explain, giving relevant dates: \_\_\_\_\_

Has your child ever been prescribed an Epi-Pen or Auvi-Q Injector due to an allergy? Yes No

If yes, please explain, giving relevant dates: \_\_\_\_\_

Medication allergies: \_\_\_\_\_



# Health Questionnaire

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**Please list any of the following with month/year:**

Operations: \_\_\_\_\_

Severe Illnesses: \_\_\_\_\_

Severe Injuries (Head injury, fractures, etc.): \_\_\_\_\_

Hospitalizations: \_\_\_\_\_

Is there any other information about your child's health status that you think the school should know which may be relevant to your child's health and safety or the health and safety of others in the school environment?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please list any conditions that should be considered in planning your child's school day: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Physician Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Dentist Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Eye Doctor Name: \_\_\_\_\_ Phone: \_\_\_\_\_

To the best of my knowledge the above information is complete and accurate. I acknowledge that I have a continuing obligation to inform the school of any changes in my child's health status that are relevant to the information requested by this form.

\_\_\_\_\_  
Parent/Guardian signature

\_\_\_\_\_  
Date

# Kindergarten Vision Examination

Name \_\_\_\_\_ Birthdate \_\_\_\_\_  
(Last) (First) (MI)

Address \_\_\_\_\_

## Examiner's Report

### VISUAL ACUITY

	NEAR	FAR
R eye	_____	_____
L eye	_____	_____
Both	_____	_____

### REFRACTION ERROR TEST

Results \_\_\_\_\_

### OCULAR HEALTH TEST

Results \_\_\_\_\_

### BINOCULAR COORDINATION TEST

Results \_\_\_\_\_

Has the Parent/Guardian been informed of any abnormalities or vision problems needing attention? YES \_\_\_\_\_ NO \_\_\_\_\_

Additional remarks or information which you feel might be of assistance to the school in promoting good vision health for this student:

\_\_\_\_\_

Examining Doctor's Signature \_\_\_\_\_ Date \_\_\_\_\_

Stamped or Printed Name, Address and Phone Number of Examining Doctor:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Required Kindergarten Vision Screening

All students going into Kindergarten **MUST** have an MCT eye exam done prior to entering Kg. Although you can use your own eye doctor, the following Optometrists have volunteered to provide a **FREE** pre-kindergarten screening in their offices. I encourage you all to take advantage of this rare FREE preventative health opportunity. This required exam cannot be done by your pediatrician and **MUST** be completed before the first day of school.

**It is necessary to follow the guidelines below in order to ensure a FREE, professional vision screening.**

1. Call one of the following offices and identify yourself and the non-public school your child will be attending.
2. **CALL for an appointment no later than JULY 1** and tell them that your appointment is for pre-kindergarten screening.
3. Be sure to take this pre-kindergarten vision screening report with you for the optometrist to complete.

Dr. Thomas Baker 749-0407  
1318 Minnich Rd. New Haven, IN

Dr. Aileen Heaston 489-3996  
10301 Dawson's Creek Blvd. Suite A Ft. Wayne, IN

Dr. Troy Hockemeyer 493-1505  
10848 Rose Ave, Suite 1 New Haven, IN

Dr. Myra Weber 486-8833  
6110 Maplecrest Rd. Ft Wayne, IN

Dr. Thomas Zachman 432-1231  
7625 W. Jefferson Blvd. Ft Wayne, IN

We are most appreciative to the above optometrists for their FREE services to the  
Allen County Non-Public Schools!

**PLEASE** give them a word of thanks for taking time to give back to our  
community!

# Kindergarten Certificate of Dental Examination

**Please Print**

Student's Full Name \_\_\_\_\_

Date of Birth \_\_\_\_\_ Enrolling grade \_\_\_\_\_

**This form is to be completed by child's dentist.**

## Dental Exam

Code: No defect = 0

Defect = Note condition

### Teeth

1. Cavities \_\_\_\_\_

2. Malocclusion \_\_\_\_\_

3. Soft Tissue \_\_\_\_\_

4. Oral Hygiene \_\_\_\_\_

5. Fluoride \_\_\_\_\_

6. Sealant \_\_\_\_\_

Does this child presently have any tooth decay or other dental defects which may reduce his/her efficiency or prevent him/her from receiving the full benefit of his/her schoolwork? If yes, please explain \_\_\_\_\_

**Recommendations** \_\_\_\_\_

Print/Stamp Dentist's Name

\_\_\_\_\_

\_\_\_\_\_

Phone Number: \_\_\_\_\_

# Physician Certificate of Examination Form

(To be completed by the child's physician)

*This is not an annual form. For any updates or changes to your student's information, please contact the school.*

Name \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Medication Allergies \_\_\_\_\_

## Current Medications: (list name, dosage, and time)

1. \_\_\_\_\_ Dosage \_\_\_\_\_ Time \_\_\_\_\_

2. \_\_\_\_\_ Dosage \_\_\_\_\_ Time \_\_\_\_\_

3. \_\_\_\_\_ Dosage \_\_\_\_\_ Time \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_ B/P \_\_\_\_\_

Eyes: \_\_\_\_\_

Ears: \_\_\_\_\_

Nose: \_\_\_\_\_

Throat \_\_\_\_\_

Chest: \_\_\_\_\_

Heart: \_\_\_\_\_

Hernia: \_\_\_\_\_

Extremities: \_\_\_\_\_

Posture/Scoliosis: \_\_\_\_\_

Lead level (if indicated) \_\_\_\_\_

Sickle Cell (if indicated) \_\_\_\_\_

Hemoglobin (if indicated) \_\_\_\_\_

Hematocrit (if indicated) \_\_\_\_\_

Urinalysis (if indicated) \_\_\_\_\_

Tuberculin test: (if indicated)

Results: \_\_\_\_\_ Date: \_\_\_\_\_

Check only if applies:  
(If checked additional forms with  
MD signatures required)

- Asthma
- Food Allergies
- Need for Epi-Pen
- Heart Condition
- Diabetes

List Abnormal Results: \_\_\_\_\_

Is this student physically fit to participate in all physical education programs?

Yes \_\_\_\_\_ No \_\_\_\_\_ If no, please explain \_\_\_\_\_

Please list any condition that should be considered in planning this child's school day:

Physicians Printed Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date of Exam: \_\_\_\_\_